

ACE PROGRAMS



CHILDCARE PROGRAMS

AM PROGRAM:

Children are greeted by the same staff each day, which allows a sense of stability and familiarity to develop.

Program staff prepare in advance, fun and stimulating activities for the children to enjoy. In addition to active play, children have the opportunity to socialize with their friends.

JK to Age 12

GENERAL PROGRAMS

HOMEWORK CLUB:

A quiet place for the children to complete any homework supervised by a Registered Early Childhood Educator.

ALL GRADES

LEADERSHIP TEAM:

A chance for our older students to take on a leadership position and gain valuable skills while assisting our program providers with programs they are interested in.

GRADES 6+

***COOKING:**

Children will learn the basics of kitchen safety, proper food handling, and food preparation, cooking techniques, presentation and so much more! Children will have the use of kitchen tools.

GRADES 2+

RECREATION PROGRAMS

MULTI-SPORT: Develop your skills and have fun playing a variety of different floor games. (Floor Hockey, Soccer, Dodge Ball, etc.)

ALL GRADES

DANCE FITNESS:

Children and youth will participate in interactive exercise routines, activities, and dance movements. Using various props, having fun right through the class.

ALL GRADES

LANGUAGE PROGRAMS

READING STARS

(ENGLISH):

Children will build and improve their reading and vocabulary skills through various activities.

GRADES JK-3

READING STARS

(FRENCH):

Children will build and improve their reading and vocabulary skills through various activities. That is based in French language.

GRADES JK-3

JUDO/TAEKWANDO PROGRAMS

KINDER JUDO: Students will receive the basic technique of sitting, posture, breakfall, throwing, grappling and striking.

GRADES JK-SK

JUDO: Students will receive basic technique of sitting, posture, breakfall, throwing, grappling and striking.

GRADES 1+

TAEKWONDO: Students will receive the basic techniques of stance, blocks, hand attack and kicks (Chagi).

GRADES 1+

DANCE PROGRAMS

INTRODUCTION TO DANCE:

Children will learn basic dance, rhythm movements and gain an appreciation for music.

GRADES JK-SK

GYMNASTIC PROGRAMS

GYMNASTICS: Children will develop control, coordination and elevation as they increase the dance vocabulary. Body awareness, proper posture and awareness of space are all developed. Response to music, dynamics and expression are encouraged using balls, hoops, ribbons, etc. Boys and girls at all fitness levels can participate in for this class!

ALL GRADES

ART and CRAFT PROGRAMS

*ARTS and CRAFTS,

CREATIVE ART: Is your child budding with enthusiasm for creating arts and crafts? Our youngest students greatly benefit from visual arts! Our kids' art and craft classes are a wonderful way to introduce lessons to your children by style, process, culture, media and subjects. It helps in the cognitive development, a time to investigate problem-solving, nurture curiosity, and develop self-confidence.

ALL GRADES

*ART-ITUDE:

ARTitude is a modern approach to the visual arts; inspiring kids with topics they are already excited about. Together we explore many art mediums, using pop-culture, interactive tutorials and the joy of experimentation to build confidence and a passion for the arts.

GRADES 1+

MUSIC PROGRAMS

MUSIC: Children will learn the basics to singing pitch, rhythm, breathing, voice and diction through familiar songs. Songs learned will be presented in a small performance.

GRADES 1+

GUITAR: Child must provide own guitar. Learn to play classical guitar, read music and learn music theory.

GRADES 1+

INTRO TO MUSIC: Students will gain the love of music through creative movement and without knowing it, our kids are being introduced to piano and music theory, rhythmic skills, syllable identification while singing and dancing.

GRADES JK-SK

UKULELE: Child must provide own ukulele. Learn to play the ukulele, read music, and learn music theory. *GRADES 2+*

PIANO: Learn to play this popular keyboard instrument. It is strongly recommended that students own piano or keyboard at home to practice. Levels: **BEGINNER OR ADVANCED**

SCIENCE AND TECHNOLOGY PROGRAMS

*COMPUTER & IPAD

CREATIONS:

Children are guided to express their creativity via computers and iPads. Creating things like comics, animations, slideshows etc.

GRADES 1+

*LEGO ADVENTURES & LEGO

CREATIONS: Fun and interactive Lego building. Participants are led through various Lego building challenges each week based on different themes.

ALL GRADES

*ENGINEERING, ROBOTICS &

CODING: Children are encouraged to explore the world of engineering, robotics and coding by participating in various activities that are both fun and educational.

GRADES 1+

BOARD GAME BONANZA:

The exciting program introduces kids to a variety of classic and new board games. Students will develop critical thinking skills, learn rules, and enjoy teamwork and sportsmanship while playing a wide range of games.

GRADES 1+

**additional materials fee applies*