

# ACE PROGRAMS



## **CHILDCARE PROGRAMS AM PROGRAM:**

Children are greeted by the same staff each day, which allows a sense of stability and familiarity to develop. Program staff prepare in advance, fun and stimulating activities for the children to enjoy. In addition to active play, children have the opportunity to socialize with their friends.

## **GENERAL PROGRAM**

**HOMEWORK CLUB:** A quiet place to do homework. Resource materials and French supervision provided.

*JUNIOR Grade JK/SK–Grade 4*  
*SENIOR Grade 5–Grade 8*

**CHESS CLUB:** Learn chess strategies, prepare for and compete in Chess tournaments.

*JUNIOR Grade 1–Grade 3*  
*SENIOR Grade 4–Grade 8*

**CREATIVE PLAY (formerly ACE Room):** A play place for the children to play interact in a social environment participating in activities geared to their needs.  
*ALL AGES*

## **RECREATION PROGRAMS**

**FLOOR GAMES:** Develop your skills and have fun playing a variety of different floor

games. (Floor Hockey, Soccer, Dodge Ball, etc.)

*JUNIOR Grade JK/SK–Grade 3*  
*SENIOR Grade 4–Grade 8*

## **DANCE FITNESS – MUSIC & MOVEMENT:**

Children and youth will participate in an interactive exercise routines, activities, and dance movements. Using various props, having fun right through the class.

Exercise is Medicine!

*JUNIOR Grade 1 – Grade 3*

## **MUSIC & MOVEMENT:**

Children and youth will participate in an interactive class of various dance routines, activities of guided movements. Using various

materials, having fun exercising their bodies.

*JUNIOR Grade 1 – Grade 4*

## **LANGUAGE PROGRAMS**

### **READING STARS (ENGLISH):**

Children will build and improve their reading and vocabulary skills through various activities.

*JUNIOR Grade JK/SK*  
*SENIOR Grade 1–Grade 2*

### **READING STARS (FRENCH):**

Children will build and improve their reading and vocabulary skills through various activities. That is based in French language.

*JUNIOR Grade JK/SK*  
*SENIOR Grade 1–Grade 2*

## **JUDO/SELF DEFENSE PROGRAMS**

**KINDER JUDO:** Students will receive the basic technique of sitting, posture, breakfall, throwing, grappling and striking.

*JUNIOR JK/SK*

**JUDO:** Students will receive the basic technique of sitting, posture, breakfall, throwing, grappling and striking.

*JUNIOR Grade 1–Grade 4*  
*SENIOR Grade 5–Grade 8*  
*Levels: ALL BELTS (WHITE, WHITE-YELLOW, YELLOW-ORANGE, ORANGE-GREEN)*

**SELF DEFENSE:** Awareness skills, assertiveness skills, physical tools to deal with situations.

*ALL AGES*

## **DANCE PROGRAMS**

**JAZZ:** Learn to dance and exercise to modern and dance music.

*JUNIOR Grade SK–Grade 3*  
*SENIOR Grade 4–Grade 8*

### **HIP HOP (formerly Boys & Girls**

**Hip Hop:** Dance to your favourite hip hop music and learn all the current dance steps from today's popular music videos! This program is a high-energy dance experience

that is fun for dancers of all ages! Hip Hop teachers cover the newest Hip Hop and Street moves.

*JUNIOR Grade SK–Grade 3*  
*SENIOR Grade 4–Grade 8*

**BALLET:** Children will learn classical ballet and gain an appreciation for music and movement.

*JK/SK*  
*BEG/INT Grade 1–Grade 3*

## **GYMNASTIC PROGRAMS**

### **GYMNASTICS (formerly RHYTHMIC GYMNASTICS):**

Children will develop control, coordination and elevation as they increase the dance vocabulary. Body awareness, proper posture and awareness of space are all developed. Response to music, dynamics and expression are encouraged using balls, hoops, ribbons, etc.

*SENIOR Grade 4–Grade 8*

### **GYMNASTICS (formerly ART GYMNASTICS) – for girls/boys:**

Children will learn basic of gymnastics. Boys and girls at all fitness levels can participate in for this class! It is a great opportunity to get your child active and bring their fitness level up a notch or two. Your child will learn things like rolls, cartwheels, basic trampoline, bars, vault, and rings skills. The main focus would be on improving strength, coordination and agility while still having fun

*JUNIOR Grade JK/SK–Grade 2*

## FILM PROGRAM

### FILM-MAKING

Learn how to create a film from scratch. Children will be involved in every step of filmmaking process from paper to screen: scriptwriting, storyboarding, photography, set design, shooting, acting directing, and editing. Short films made by kids were nominated and awarded at TIFF Jump Cuts over past several years. The program includes 3 semesters: photography (Fall), stop motion animation (Winter) and live action filmmaking (Spring).  
*JUNIOR Grade 1–Grade 3*  
*SENIOR Grade 4–Grade 8*

**ART CARTOONING:** Illustrate your story book, make postcards, poster, comic book, auto portrait, caricatures, and more!!! Create your own art while exercising hand to eye coordination skills, composition, colour balance, proportions, visual storytelling. Learn how to make powerful statements with graphic design.

*ALL AGES Grade 2–Grade 6*

## COOKING PROGRAM

**COOKING CLUB:** *Additional \$55 materials fee.* Children will learn the basics of kitchen safety, proper food handling, and food preparation, cooking techniques, presentation and so much more! Children will have the uses of kitchen tools.  
*JUNIOR Grade 1–Grade 3*  
*INT Grade 4–Grade 5*  
*SENIOR Grade 6–Grade 8*

## MUSIC PROGRAMS

**MUSIC:** Children will learn the basics to singing pitch, rhythm, breathing, voice and diction through familiar songs. Songs learned will be presented in a small performance.  
*JUNIOR Grade 1–Grade 4*  
*SENIOR ALL AGES*

**PIANO:** Learn to play this popular keyboard instrument. *It is strongly recommended that students own piano or keyboard at home to practice.*

Levels: *BEGINNER OR ADVANCE*

**GUITAR:** *Child must provide own guitar. Additional \$15 materials fee*  
Learn to play classical guitar, read music and learn music theory.  
Levels: *BEGINNER, INTERMEDIATE OR ADVANCE*

**INTRO TO MUSIC:** Student will gain the love of music through creative movement and without knowing it, our kids are being introduced to piano and music theory, rhythmic skills, syllable identification and more while singing and dancing.  
*JUNIOR JK/SK*

## SCIENCE AND TECHNOLOGY PROGRAMS

**COMPUTER & IPAD CREATIONS (formerly Computer Club):** *Additional \$40 materials fee.*  
Children are guided to express their creativity via computers and iPads. Creating things like comics, animations, slideshows etc.  
*JUNIOR Grade 1–Grade 3*  
*SENIOR Grade 4–Grade 8*

**LEGO ADVENTURES & LEGO CREATIONS (formerly LEGO Robotics):** *Additional \$40 materials fee.* Fun and interactive Lego building. Participants are led through various Lego building challenges each week based on different themes. Participants will also compete in a minor competition held near the end of the school year.  
*JUNIOR SK–Grade 3*  
*SENIOR Grade 4–8*

**VIDEO GAME DESIGN (NEW):** *TBA materials fee.* Learn to design simple video games using current design technology.  
*JUNIOR SK–Grade 3*  
*SENIOR Grade 4–8*

**ENGINEERING, ROBOTICS & CODING (NEW):** *TBA materials fee.*  
Children are encouraged to explore the world of engineering, robotics and coding by participating in

various activities that are both fun and educational.  
*JUNIOR SK–Grade 3*  
*SENIOR Grade 4–8*

**SCIENCE CLUB:** *Additional \$40 materials fee.* Children will engage in exciting hands-on activities, experiments, watch amazing demonstrations and participate in challenging discussions. Science Clubs offer children a chance to see just how cool science can be!  
*JK/SK JUNIOR Grade 1–Grade 3*  
*SENIOR Grade 4–Grade 8*

## GAME SCHOOLED:

Includes quick and fun strategic games with a high replay value that lend well to quiet, thoughtful play. These games appeal to children because of their simple rules, attractive design and interactive nature.  
*ALL AGES Grade 1–Grade 8*

## ART and CRAFT PROGRAMS

**ART:** *Additional \$18 materials fee.*  
Our art classes inspire children to explore Visual Arts. Our youngest students discover, create, and have fun, all while making their first steps in self-expression. The early years are a key point in cognitive development, a time to investigate problem-solving, nurture curiosity, and develop self-confidence. This makes an adventure in visual arts – be it Drawing & Painting or Mixed Media & Sculpture– all the more important.  
*JUNIOR Grade JK/SK*  
*SENIOR Grade 4–Grade 8*

**CRAFT:** *Additional \$18 materials fee.* Is your child budding with enthusiasm for creating crafts? The very young greatly benefit from visual arts! Our kids' art classes are a wonderful way to introduce lessons to your children by style, process, culture, media and subjects. Keeping Craft activities easy to understand offers children the ability to explore their creativity and have LOTS OF FUN! *JUNIOR Grade JK/SK*